

Patient-Therapist Telehealth Video Conferencing Information and Agreement

This agreement adds to the information and agreements from the Patient-Therapist Agreement which you have previously read and signed.

Virtual “face-to-face” sessions or VC (Video Conferencing) is a real-time interactive audio and visual technology that enables a clinician to provide mental health services remotely. The VC system used in my practice (www.zoom.us) meets HIPAA standards of encryption and privacy protection. You will not have to purchase a plan when you “join” an online meeting.

Here is a link that is helpful if you are not familiar with Zoom. I recommend that you experiment with it ahead of your sessions; it will show you how to join a meeting and check one’s audio and video.

<https://support.zoom.us/hc/en-us/articles/201362193-How-Do-I-Join-A-Meeting->

Please read and note that:

- Confidentiality agreements that are always integral to your care, are the same for telepsychology services.
- Recording sessions is NOT permitted.
- A webcam or a smartphone needs to be used during the session.
- It is important to be in a quiet, private space that is free of distractions.
- It is important that no family member or friend is in hearing or visual proximity to you or to your electronic device during the session. We recommend that you use headphones.
- It is important to have a secure internet connection rather than public/free Wi-Fi.

Thank you

Your signature here below indicates that you have read and understood this Telehealth Informed Consent Agreement.

Client name: _____ Date of birth _____

Client signature _____ Date _____